

EMPLOYER INFORMATION SHEET

Regarding Physician-Signed Medical Documentation from NoteForWork.com

This document is provided for HR, management, and payroll departments.

What is NoteForWork.com?

NoteForWork.com is a licensed telehealth medical practice that provides physician-signed work and school absence documentation for patients with minor illnesses. The service is operated under a California-registered Professional Corporation and is fully compliant with applicable federal and state telehealth regulations.

Your employee received documentation signed by a board-certified physician who reviewed their clinical intake and made an independent medical determination that the absence was clinically appropriate.

About the Signing Physician

Physician	Manavjeet Sidhu, MD
Specialty	Board-Certified Emergency Medicine
Medical School	NYU School of Medicine
Residency	UCSF Medical Center
CA License	#A150589 — Active and Unrestricted
NPI Number	1861849101
Verification	California Medical Board: breeze.ca.gov

Dr. Sidhu holds active medical licenses in the patient's state of residence. You may independently verify his license status at any time through the relevant state medical board website.

Is This Note Legally Valid?

Yes. NoteForWork physician-signed notes carry the same legal standing as documentation from any other licensed telehealth provider. Specifically:

- Asynchronous telehealth is a federally recognized and legally valid form of medical evaluation under federal law and the laws of all 50 states.

- The Ryan Haight Online Pharmacy Consumer Protection Act and applicable state telehealth statutes permit asynchronous clinical evaluations for documentation purposes.
- The Americans with Disabilities Act (ADA) and most state equivalents do not specify the method by which medical documentation must be obtained — only that it be signed by a licensed healthcare provider.
- The Family and Medical Leave Act (FMLA) does not apply to NoteForWork notes, which are limited to short-term work absence documentation only and are explicitly not FMLA certifications.
- Every NoteForWork note includes a QR verification code that allows employers to confirm the note's authenticity, the signing physician's identity, and the date of issuance at any time.

Employer Verification

Every note issued by NoteForWork.com includes a unique QR verification code. To verify the authenticity of a note:

- Scan the QR code printed on the note using any smartphone camera.
- You will be directed to verify.noteforwork.com, which will confirm the note is genuine, the patient name, the signing physician, and the date of issuance.
- Alternatively, contact us directly at ceo@noteforwork.com with the verification code printed on the note.

Notes cannot be fabricated or altered. Any modification to the note will cause the QR verification to fail.

HIPAA and Privacy Compliance

NoteForWork.com operates in full compliance with the Health Insurance Portability and Accountability Act (HIPAA). Patient data is stored on SOC 2 certified cloud infrastructure. No patient health information is shared with employers. The note provided to your employee contains only the information the patient has authorized for disclosure: their name, the dates of absence, and the physician's signature and credentials.

We do not disclose diagnosis, symptoms, or any other clinical details to employers without separate written patient authorization. Requesting such information may implicate the ADA and applicable state privacy laws.

Scope of Documentation

NoteForWork documentation is limited to short-term work absence excuses for minor illness — typically one to three days. Our notes are not:

- FMLA certifications or serious health condition documentation
- Disability assessments or long-term leave documentation
- Modified duty or return-to-work clearances
- Workers' compensation documentation

If your employee requires documentation of a serious health condition, extended leave, or disability accommodation, they should consult their primary care physician.

Contact Us

If your HR or legal department has questions about this documentation, we are happy to assist. Please contact us at:

Email	ceo@noteforwork.com
Website	www.noteforwork.com
Verification Portal	verify.noteforwork.com
Response Time	Within 2 business days

NoteForWork.com is a physician-founded telehealth platform. Every note is reviewed and signed by a board-certified physician licensed in the patient's state. We stand behind the clinical and legal validity of our documentation.